

Parents & Students... Fall Retreat is almost here!

It's time to sign up for one of Radiate's biggest and most fun weekends of the year! Fall Retreat is a Labor Day weekend getaway to worship, refresh, connect, and create lasting memories.

We will worship each morning and night, and students will have free time each day to play in the fields, jump on the blob, hang out, and build relationships. Then during their scheduled event times, students will break for pre-paid rafting or the activity they have chosen.

You need to be at BHBC on Saturday, September 5th at 9:00 a.m. We will stay at White Water Express in Copperhill, Tennessee, and return on September 7th by 4:00 p.m.

Please fill out a new NOTARIZED medical release form for the 2015 school year. If you pre-registered for the activities and/or rafting, we must also have the White Water Express waivers for you to participate. You may print all of these forms at www.bhradiate.com, and all forms need to be turned into Katie Hill by September 1st. You can give them to Katie at Radiate, drop them off at the church office, or place them in the drop box located by the office back door.

If you have any questions or an emergency during the retreat you can contact Matt Petty at 678.910.5771, Chip Paul at 770.344.9427 or Katie Hill at 678.294.6153.

We look forward to a great time of worship and fun with your students!

Katie Hill
khill@burnthickory.com
770.590.0334 x209

WHAT TO BRING:

- Sleeping bag and pillow (everyone will be in cabins)
- Toiletries (toothbrush, shampoo, deodorant, etc.)
- Towel and washcloth
- Swimsuit (one piece for girls)
- Closed-toed shoes (if rafting or doing other activities)
- Light jacket for nights
- Money for snacks or drinks from vending machines (optional)
- Bible
- Notebook and pen
- Medications if needed
- Sunscreen and bug spray
- Flashlight or head lamp
- Eno (optional)
- Frisbee, football, etc. (optional)

ALL CLOTHING MUST BE APPROPRIATE, OR YOU WILL BE ASKED TO CHANGE. FOLLOW THE DRESS CODE FOR SCHOOL AND YOU WILL BE ALL SET!

WHAT NOT TO BRING:

- GIRLS: No short shorts or spaghetti strap tank tops. No bandeau tops or cut off tank tops. Leggings are not pants, so please only wear under shorts if you bring them.
- GUYS: No cut-off shirts or advertisements
- No alcohol, drugs, firearms, etc.

WWW.BHRADIATE.COM

MEDICAL PERMISSION AND RELEASE FORM 2015

Name _____ Age _____ Grade _____ Home Phone _____

Address _____ City _____ State _____ Zip _____

Parent or Guardian Name _____ Phone _____

In Case of emergency notify: _____ Phone _____

Family Physician: _____ Phone _____

Family Insurance Co. _____ Policy # _____



PAST MEDICAL HISTORY

(Check all that apply giving appropriate information)

- Asthma Sinusitis Bronchitis Kidney Trouble Heart Trouble Diabetes Dizziness Hay Fever Upset Stomach

ALLERGIES: (list type) Food: _____

Drug: _____

Insect sting/bite: _____

Poison sumac, oak or ivy: _____

Previous operations or serious illnesses: _____

Any current medications (list): _____

Special diet considerations: _____

Childhood Diseases: Chicken Pox Measles Mumps Other _____



PERMISSION FOR TREATMENT

I am aware that my son/daughter is accompanying Burnt Hickory Baptist Church, Inc. on a church-related function. I am aware of the activities that are planned and the potential risks involved in these activities and do hereby give my full permission for my son/daughter to participate in these activities UNLESS OTHERWISE NOTED. My permission is granted for the representative(s) selected by Burnt Hickory Baptist Church to hospitalize, secure proper treatment for and to order injection and/or anesthesia and/or surgery for my son/daughter. I, the undersigned, do hereby verify that the above information is correct and I do hereby release, forever discharge and agree to hold harmless Burnt Hickory Baptist Church, Inc., its agents, employees, representatives, members and RADIATE Student Ministry from any and all liability, claims or demands for personal injury, sickness or death which may be incurred by my son/daughter while participating in the above described trip(s).

Dated this _____ day of _____, 20_____. State _____ County _____

Parent/Guardian Signature _____

(must sign in the presence of Notary)

For Appointed Notary Public Use Only

On this, the _____ day of _____, 20_____, personally appeared before me, _____, and in my presence executed the within and foregoing permission and release form. (name of parent signing)

Signature of Notary _____ My commission expires: _____

SEAL

THIS FORM IS REQUIRED FOR ALL STUDENTS ATTENDING FALL RETREAT!

WHITEWATER EXPRESS
Waiver and Release of Liability

Name: _____ Age: _____ Gender: M / F (circle one)

Group Name: Radiate Student Ministry Group Leader: Matt Petty/Chip Paul/Katie Hill

Date(s) of stay at WhiteWater Express: 9/5/2015 - 9/7/2015

In consideration of WhiteWater Express, Inc. furnishing services and/or equipment to enable me to participate in rafting, ropes course, horseback riding, mountain biking, canoeing, kayaking, camping, tubing, and other activities that take place in a wilderness, outdoor, or recreational environment, I agree as follows:

I fully understand and acknowledge that outdoor recreational activities have (a) inherent risks, dangers, hazards, and such exist in my use of WhiteWater Express, Inc. equipment and my participation in such activities; (b) my participation in such activities and/or use of such equipment may result in injury or illness including, but not limited to, bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that could cause serious disability; (c) these risks and dangers may be caused by the negligence of the owners, employees, officers, or agents of WhiteWater Express, Inc., the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States; the negligence of the participants, the negligence of others, accidents, breaches of contract, the forces of nature, or other causes. Risks and dangers may arise from foreseeable or unforeseeable causes including, but not limited to, guide decision making, including that a guide may misjudge terrain, weather, trail or river route location, and water level, risks of falling out of or drowning while in a raft, canoe, or kayak and such other risks, hazards, and dangers that are integral to recreational activities that take place in a wilderness, outdoor, or recreational environment; and (d) horses irrespective of their previous behavior and characteristics, may act or react unpredictably based upon instinct, fright, or lack of proper control by rider and (e) by my participation in these activities and/or use of equipment, I hereby assume all risks and dangers and all responsibility for any losses and/or damages whether caused in whole or in part by the negligence or other conduct of the owners, agents, officers, or employees of WhiteWater Express, Inc., the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, or the United States, or by any other person. In addition, I hereby grant permission to WhiteWater Express, Inc. to make and use for promotion or other purposes, photographic records without recourse or compensation to me.

I, on behalf of myself, my personal representatives, and my heirs hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify WhiteWater Express, Inc., the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States, and its owners, agents, officers, and employees from any and all claims, actions, or losses for bodily injury, property damage, wrongful death, loss of services, or otherwise which may arise out of my use of WhiteWater Express, Inc. equipment or my participation in WhiteWater Express, Inc. activities. I specifically understand that I am releasing, discharging, and waiving any claims or actions that I may have presently or in the future for the negligent acts or other conduct by the owners, agents, officers, or employees of WhiteWater Express, Inc., the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States.

The venue of any dispute that may arise out of this agreement or other-wise between the parties to which WhiteWater Express, Inc. or its agents is a party shall be either the City of Benton, Tennessee Justice Court or State Supreme Court in Polk County Tennessee.

I HAVE READ THE ABOVE WAIVER AND RELEASE. BY SIGNING IT, I AGREE IT IS MY INTENTION TO EXEMPT AND RELIEVE WHITEWATER EXPRESS, INC., THE OCOEE RIVER OUTFITTERS ASSOCIATION, THE TENNESSEE VALLEY AUTHORITY, THE STATE OF TENNESSEE, AND THE UNITED STATES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE, OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE.

Signature: _____ Date: _____

Parent/Guardian Signature (if under 18): _____ Date: _____

Horseback: Helmets are available; use is required for all Scouts and all others under 18 years of age . Closed-toe shoes must be worn. For the health and safety of our horses, a weight limit of 260 pounds must be adhered to.

Mountain Biking: Helmets are provided and required. Closed-toe shoes must be worn.

Paintball: SEE ADDITIONAL RELEASE

A protective mask is provided and required; long pants and sleeves are suggested. A top-quality gun, CO2, and 200 paintballs are provided for each participant. Additional paintballs can be purchased in advance or on the field; we cannot allow individuals to bring their own paintballs. You are welcome to bring your own gun; we will gladly calibrate it to our course requirements.

River Rafting: An approved PFD, helmet, and paddle are provided and required. Safety instructions will be given prior to each river trip. Shoes must be able to stay on your foot; no flip-flops.

Ocoee rafters must be 12 years old or older!

High Ropes / Swing, & Challenge Course: Both High and Low elements are available. Closed-toe shoes are strongly encouraged.

***Please sign ONLY if your student is going to participate in PAINTBALL.**

WHITEWATER EXPRESS
Paintball Waiver and Release of Liability

In consideration of participating in Paintball, I represent that I understand the nature of this activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity.

I fully understand that this activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the 'releasees' named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the activity.

I hereby release, discharge, and covenant not to sue WhiteWater Express, Inc., its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the activity takes place, (each considered one of the 'releasees' herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the 'releasees' or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the 'releasees;', I will indemnify, save, and hold harmless each of the 'releasees' from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Print Name of Participant _____ Date _____

Signature of Participant _____

Parental/Guardian Consent
For those 10 to 17 years old

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activity and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the 'releasees' from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the 'releasees' or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above 'releasees', I WILL INDEMNIFY AND SAVE AND HOLD HARMLESS each of the 'releasees' from any litigation expenses, attorney fees, loss liability, damage, or cost any 'releasee' may incur as the result of any such claim.

Print Name of Parent/Guardian _____ Date _____

Signature of Parent/Guardian _____

Please sign only if your student is in 6th grade and is going to raft.

Nantahala River Whitewater Rafting Trip

WAIVER AND RELEASE OF LIABILITY

In consideration of Whitewater Express, Inc. furnishing services and/or equipment to enable me to participate in rafting, canoeing, kayaking, camping, tubing, and other activities, I agree as follows:

I fully understand and acknowledge that outdoor recreational activities have: (a) inherent risks, dangers, hazards and such exist in my use of Whitewater Express, Inc. equipment and my participation in rafting, canoeing, kayaking, camping, tubing, and ropes course activities; (b) my participation in such activities and/or use of such equipment may result in injury or illness including, but not limited to bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that could cause serious disability; (c) these risks and dangers may be caused by the negligence of the owners, employees, officers or agents of Whitewater Express, Inc., the Tennessee Valley Authority, the State of Tennessee, and the United States; the negligence of the participants, the negligence of others, accidents, breaches of contract, the forces of nature or other causes. Risks and dangers may arise from foreseeable or unforeseeable causes including, but not limited to, guide decision making, including that a guide may misjudge terrain, weather, trail or river route location, and water level, risks of falling out of or drowning while in a raft, canoe, or kayak and such other risks, hazards, and dangers that are integral to recreational activities that take place in a wilderness, outdoor, or recreational environment; and (d) by my participation in these activities and/or use of equipment, I hereby assume all risks and dangers and all responsibility for any losses and/or damages, whether caused in whole or in part by the negligence or other conduct of the owners, agents, officers, or employees of Whitewater Express, Inc., the Tennessee Valley Authority, the State of Tennessee, or the United States, or by any other person.

I, on behalf of myself, my personal representatives and my heirs hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify Whitewater Express, Inc., the Tennessee Valley Authority, the State of Tennessee, and the United States and its owners, agents, officers, and employees from any and all claims, actions or losses for bodily injury, property damage, wrongful death, loss of services or otherwise which may arise out of my use of Whitewater Express, Inc. equipment or my participation in Whitewater Express, Inc. activities. I specifically understand that I am releasing, discharging and waiving any claims or actions that I may have presently or in the future for the negligent acts or other conduct by the owners, agents, officers or employees of Whitewater Express, Inc., the Tennessee Valley Authority, the State of Tennessee, and the United States.

The Venue of any dispute that may arise out of this agreement or otherwise between the parties to which Whitewater Express, Inc. or its agents is a party shall be either the City of Benton, Tennessee Justice Court Or State Supreme Court in Polk County Tennessee.

NANTAHALA RAFTERS MUST BE OVER 60 POUNDS

I HAVE READ THE ABOVE WAIVER AND RELEASE, AND BY SIGNING IT AGREE. IT IS MY INTENTION TO EXEMPT AND RELIEVE WHITEWATER EXPRESS, INC., THE TENNESSEE VALLEY AUTHORITY, THE STATE OF TENNESSEE, AND THE UNITED STATES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE.

Radiate Student Ministry

9/5/2015

| | |
|---|--------------|
| GROUP NAME | ARRIVAL DATE |
| _____ SIGNATURE | 9/6/2015 |
| _____ SIGNATURE | RAFTING DATE |
| _____ SIGNATURE OF PARENT OR GUARDIAN (if less than 18 years old) | DATE SIGNED |

Please have each participant sign the this waiver. If they are less than 18 years old, the waiver must be signed by their parent or guardian. These waivers should be brought with you when you arrive for your activities. Thanks for your help. We look forward to seeing you at the river!

WHAT TO BRING LIST

Rafter Necessities

- ✓ Everyone has to wear shoes in the river, either old tennis shoes or sandals that have straps around the ankle, *no flip flops*.
- ✓ Proper attire for rafting is comfortable clothing that will dry quickly, *not blue jeans and sweatshirts!* Umbros, bathing suits, shorts and T-shirts, etc. (Bring plastic bag for wet clothes)
- ✓ Proper attire for ropes course is tennis shoes or light weight boots, comfortable clothes that are not too loose fitting to get in the way of the safety equipment.
- ✓ Towels and a change of clothes would be helpful and you are welcome to shower and change at our facilities before you head home.
- ✓ Jewelry not advisabale on the river. Eyeglasses and sunglasses need to be secured and nothing other than people are allowed in the rafts! *No radios, drinks or food.* All personal items should be marked with your name & group name.
- ✓ We do provide spray suits for those who think they don't want to get wet!!!

OVERNIGHTERS

- The bunks are twin bed size so bring either a sleeping bag or bedding and a pillow.
- Towels are a must
- Sweatshirt/jacket for early mornings/late nights
- Personal Hygiene items
- Flashlight with Extra Batteries
- GREAT CAMPFIRE STORIES!!!

T-shirts, snacks, drinks, eyeglass holders, and other souvenirs are available in our store at the outpost.