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Fall Retreat Info Hub  
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Dear Radiate Parents and Students,

Fall Retreat is almost here! Please commit to praying for the weekend now. This weekend is intentionally designed for students to not only have tons of fun, but to build connections between students and their peers, and their leaders and to disciple them through worship and teaching. All of that is with the intention of setting our students up for a year of success, whether at home, at school, in their communities, or right here in our own church. Our hope is that through those connections and principles they learn, students will flourish as Christian leaders throughout their middle and high school years!

### **WHEN & WHERE:**

We'll be leaving on August 31. Check-In arrival times and locations will be split based on last name. See below for check-in information. We are going to Ocoee Ridge Camp in Old Fort, TN, and will return on September 2 around 2:00 PM. Please pay attention to the packing list and "what to wear" for how to prepare.

### **WHAT:**

We will worship each morning and night, and students will have designated free time for the wave pool, climbing wall, ropes courses, gaming, cornhole, basketball, pickle ball, gaga ball, hanging out, and building friendships. If your student registered for an additional activity, it will be noted on their nametag at check-in.

### **FORMS & WAIVERS:**

**The Radiate Medical Release Form and the Ocoee Ridge Release Form need to be submitted online or turned in by August 18.** A staff member will be available in the Radiate Cafe to notarize forms on August 18 in the morning and at our All Access Meeting that evening. They are also available during church office hours Monday-Friday. You can give notarized forms to a staff member at Radiate, drop them off at the church office, place them in the night depository, or give them to a volunteer at our upstairs student welcome desk.

We look forward to a great time of worship and fun with your students!

# FORMS & WAIVERS

Due August 18

1. **2024 Radiate Medical Release Form.** This form will need to be notarized. If you already traveled with us this summer, we have yours on file.

## RADIATE MEDICAL RELEASE

2. **Ocoee Ridge Waiver** All students need to fill out this form online.

## OCOEE RIDGE WAIVER

3. **Rafting Waiver** If your student is signed up for rafting, a link and instructions will be emailed out between August 26-28. Our staff will need to complete rafting slot assignments before waivers can be completed.

# WHAT TO BRING

### Toiletries:

- ☐ Shampoo
- ☐ Deodorant
- ☐ Toothbrush & toothpaste
- ☐ Shower shoes
- ☐ Bath towel & wash cloth
- ☐ Bible, notebook, pen
- ☐ Water Bottle
- ☐ Clothing for three days
- ☐ Costume for Radiate Thrifted Disco
- ☐ Costume for Senior Adult Bingo Night
- ☐ Closed-toe shoes, tennis shoes or shoes with straps like Chacos (There is lots of walking at Ocoee Ridge! Wear shoes when leaving the bunk house! If you are rafting, closed-toe shoes or shoes that strap on are required. No Crocs for Rafting.)
- ☐ Sleeping bag and pillow (everyone will be in bunk rooms)
- ☐ Spending money for: (Meals are provided)  
Radiate Cantina: We'll have snacks & drinks available to purchase. Please bring change or small bills.  
Vending Machines: There are vending machines located on the property with snacks and drinks available to purchase.  
Camp Store: The Ocoee Ridge Camp store has all kinds of fun merch and snacks available to purchase, if you choose.

### Other:

- ☐ Sunscreen & Bug Spray
- ☐ Hat
- ☐ Beach Towel
- ☐ Swimsuit (see "what to wear")
- ☐ Snacks
- ☐ Medications (if needed and MUST BE REFLECTED on your notarized medical release form)

### What Not to Bring:

alcohol, drugs, firearms, weapons, lighters, etc., biker shorts/ Spandex/Nike pro-style shorts, bikinis, Speedo's, crop tops, your Doordash/uber eats/meal delivery apps.

# IMPORTANT TIMES

Saturday, August 31

**CHECK IN: (PLEASE CHECK TIMES!)**

Last names A-K check-in in the Children's Lobby:

A-F arrive at 9:00 AM

G-K arrive at 9:20 AM

Last names L-Z check-in in the Main Lobby:

L-R arrive at 9:00 AM

S-Z arrive at 9:20 AM

**Departure: 10 AM**

Monday, September 2

**Return to BHBC: 2:00 PM**

# EMERGENCY CONTACTS

Contact our staff at [radiate@burnthickory.com](mailto:radiate@burnthickory.com) if you need this information, or see us at check-in for a paper copy of this sheet.

# WHAT TO WEAR

All clothing must meet school dress code and be appropriate. We hope it's not an issue. But if it is, a chaperone will ask you to change. If in doubt about whether something you're bringing is appropriate, just don't bring it, please. You are expected to abide by the following:

**BOTTOMS:** Please stay in that mid-thigh region for shorts and skirts. If in doubt, follow the "finger-tip" rule. Leggings are allowed if the shirt covers the front and back.

**TOPS:** Straps must be 3 fingers thick or wider, for guys and girls. No spaghetti strap or halter tops. Crop Tops are not allowed. If your mid-section is showing, we will ask you to put on a different shirt.

**SWIMSUITS:** Girls, one pieces and tankinis are allowed if the stomach, back, and bottom is covered (No strapless). Guys, your swim shorts need to be appropriate as well, and follow the shorts guidelines above.

**PLEASE DON'T BRING:** Spandex shorts/Nike pro-style shorts/biker shorts, bikinis, Speedo's, crop tops, cheeky or strapless swimsuits.

***If in doubt about whether something you're bringing is appropriate, don't even bring it.***