

Run for the Son 5K and 10K

Saturday, February 1, 2025

Powder Springs, GA, US

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10K





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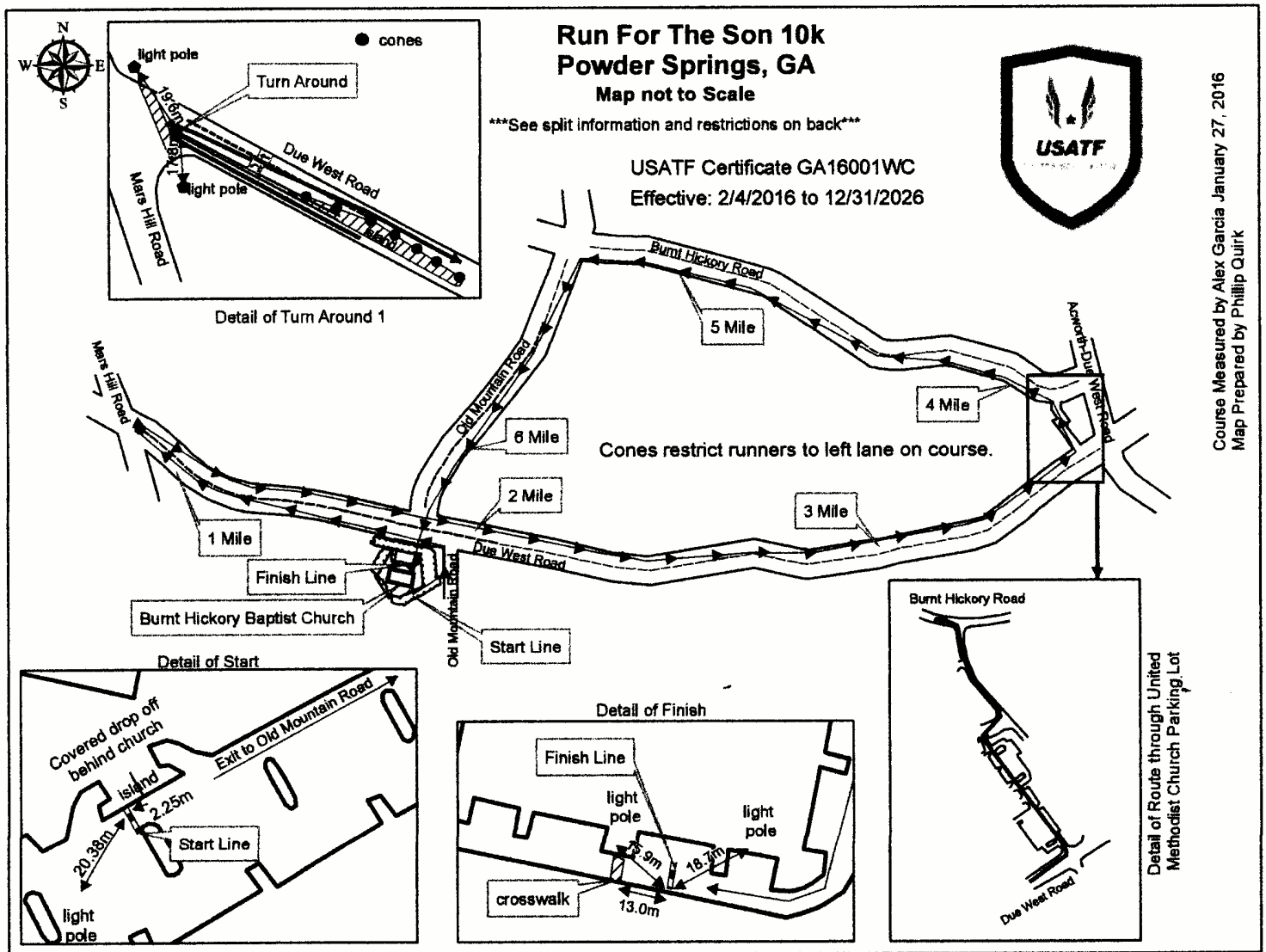
Filters

Place↕	Bib↕	Name	↕	Gun Time ↕	Pace↕	Gender↕	Age↕	Age Group↕	Team↕	City	↕	State↕	Chip Time ↕	↕
1	637	Adam Heiser		34:19.1	05:32 min/mi	Male	48	40 - 49		ATLANTA		GA	34:19.1	
2	578	Parker Gurley		35:44.7	05:46 min/mi	Male	18	15 - 19					35:44.7	
3	590	Ryan Kloss		36:02.2	05:48 min/mi	Male	20	20 - 29					36:02.2	
4	587	Lincoln Kappel		45:16.0	07:18 min/mi	Male	14	11 - 14					45:16.0	
5	576	Shannon Fulcher		46:30.4	07:30 min/mi	Female	48	40 - 49		DALLAS		GA	46:30.4	
6	598	Dan Mount		46:39.1	07:31 min/mi	Male	52	50 - 59					46:39.1	
7	567	Jackson Coyle		48:33.6	07:49 min/mi	Male	10	1 - 10					48:33.6	
8	629	John Mihelick		48:48.0	07:52 min/mi	Male	42	40 - 49		ROSWELL		GA	48:48.0	
9	580	Matt Hanson		49:01.6	07:54 min/mi	Male	41	40 - 49					49:01.6	
10	638	Jessica Mehr		49:21.1	07:57 min/mi	Female	34	30 - 39		KENNESAW		GA	49:21.1	
11	605	Edwin Plasencia		49:30.1	07:58 min/mi	Male	23	20 - 29					49:30.1	
12	594	Samuel May		50:22.3	08:07 min/mi	Male	29	20 - 29					50:22.3	
13	569	Zach Davis		50:32.6	08:09 min/mi	Male	47	40 - 49		ACWORTH		GA	50:32.6	
14	571	Brennen Croyle		51:27.7	08:17 min/mi	Male	24	20 - 29					51:27.7	
15	591	Kadie Link		51:40.8	08:20 min/mi	Female	36	30 - 39					51:40.8	
16	588	Shay Kappel		52:28.0	08:27 min/mi	Female	41	40 - 49					52:28.0	

Place	Bib	Name	Gun Time	Pace	Gender	Age	Age Group	Team	City	State	Chip Time	
17	632	Howard Marx	52:29.3	08:27 min/mi	Male	54	50 - 59		ACWORTH	GA	52:29.3	
18	556	Jeff Beecham	52:39.4	08:29 min/mi	Male	44	40 - 49				52:39.4	
19	633	Cynthia Williams	52:41.3	08:29 min/mi	Female	68	60 - 69		DALLAS	GA	52:41.3	
20	626	Leah Watson	52:47.0	08:30 min/mi	Female	54	50 - 59		ACWORTH	GA	52:47.0	
21	595	Scott May	52:51.0	08:31 min/mi	Male	31	30 - 39				52:51.0	
22	563	Jill Clark	53:22.7	08:36 min/mi	Female	40	40 - 49				53:22.7	
23	600	Marisol Odom	53:22.8	08:36 min/mi	Female	54	50 - 59		DALLAS	GA	53:22.8	
24	604	Zachary Pasanen	53:36.4	08:38 min/mi	Male	16	15 - 19				53:36.4	
25	568	Oliver Coyle	54:22.7	08:46 min/mi	Male	9	1 - 10				54:22.7	
26	561	Olivia Canaan	54:28.1	08:46 min/mi	Female	19	15 - 19				54:28.1	
27	609	Tommy Rogers	54:41.2	08:49 min/mi	Male	61	60 - 69				54:41.2	
28	560	Kary Brownlee	54:44.2	08:49 min/mi	Male	53	50 - 59				54:44.2	
29	624	Jason Walling	54:50.8	08:50 min/mi	Male	51	50 - 59				54:50.8	
30	555	Maddie Beasley	55:13.1	08:54 min/mi	Female	22	20 - 29				55:13.1	
31	634	Taigen Thomas	56:08.8	09:03 min/mi	Male	16	15 - 19				56:08.8	
32	573	Jenny Elliott	56:38.4	09:07 min/mi	Female	41	40 - 49				56:38.4	
33	602	Kiku Oshea	57:15.6	09:13 min/mi	Female	58	50 - 59				57:15.6	
34	572	Lamin Darbo	57:24.8	09:15 min/mi	Male	25	20 - 29		SMYRNA	GA	57:24.8	
35	611	John Sepnieski	57:29.1	09:16 min/mi	Male	59	50 - 59				57:29.1	
36	583	David Horn	57:31.3	09:16 min/mi	Male	51	50 - 59				57:31.3	
37	612	Danielle Shaffo	57:39.9	09:17 min/mi	Female	42	40 - 49				57:39.9	
38	559	Tyler Brewer	57:52.2	09:19 min/mi	Male	41	40 - 49				57:52.2	
39	603	Tyler Pasanen	58:15.4	09:23 min/mi	Male	14	11 - 14				58:15.4	
40	617	Eliad Stout	58:22.2	09:24 min/mi	Male	15	15 - 19				58:22.2	
41	622	John Turner	58:36.8	09:26 min/mi	Male	67	60 - 69				58:36.8	
42	570	Stephen Crook	58:43.2	09:27 min/mi	Male	58	50 - 59		KENNESAW	GA	58:43.2	
43	631	Briana Morton	58:45.3	09:28 min/mi	Female	35	30 - 39		TEMPLE	GA	58:45.3	

Place	Bib	Name	Gun Time	Pace	Gender	Age	Age Group	Team	City	State	Chip Time
44	627	Mandy Wissing	58:47.8	09:28 min/mi	Female	40	40 - 49				58:47.8
45	586	Leigh Anne Jacobson	58:47.9	09:28 min/mi	Female	38	30 - 39				58:47.9 
46	625	Shelby Walling	58:57.5	09:30 min/mi	Female	19	15 - 19				58:57.5 
47	565	Blake Cone	59:12.0	09:32 min/mi	Male	43	40 - 49				59:12.0
48	628	Hayden Alford	1:00:12.7	09:42 min/mi	Female	28	20 - 29		POWDER SPRINGS	GA	1:00:12.7 
49	562	Gloria Cedillo	1:00:28.3	09:44 min/mi	Female	43	40 - 49				1:00:28.3
50	584	Mercedes Hughes III	1:01:09.7	09:51 min/mi	Male	50	50 - 59		KENNESAW	GA	1:01:09.7
51	601	Steve Ontiveros	1:01:17.5	09:52 min/mi	Male	36	30 - 39				1:01:17.5 
52	553	Tina Amerson	1:01:34.1	09:55 min/mi	Female	63	60 - 69		HIRAM	GA	1:01:34.1 
53	606	Ryan Pluckter	1:02:50.2	10:07 min/mi	Male	27	20 - 29				1:02:50.2
54	618	Miller Struempf	1:02:52.6	10:08 min/mi	Female	16	15 - 19				1:02:52.6 
55	619	Robert Taylor	1:03:00.3	10:09 min/mi	Male	61	60 - 69				1:03:00.3 
56	589	Chris Kitchens	1:03:55.8	10:18 min/mi	Male	76	70+				1:03:55.8 
57	620	Taylor Temples	1:05:39.1	10:34 min/mi	Male	52	50 - 59				1:05:39.1
58	616	Hugor Sonna	1:07:00.0	10:47 min/mi	Male	26	20 - 29				1:07:00.0
59	581	Gary Henderson	1:07:09.3	10:49 min/mi	Male	66	60 - 69				1:07:09.3
60	639	Caleb Trickle	1:07:40.0	10:54 min/mi	Male	14	11 - 14				1:07:40.0 
61	597	Patrick Mihelick	1:10:43.8	11:23 min/mi	Male	58	50 - 59		ROSWELL	GA	1:10:43.8
62	574	Teddy Evans	1:12:20.4	11:39 min/mi	Male	24	20 - 29				1:12:20.4
63	579	Lee Hainer	1:12:56.7	11:45 min/mi	Male	52	50 - 59				1:12:56.7
64	554	Lauren Barnett	1:13:53.5	11:54 min/mi	Female	31	30 - 39				1:13:53.5 
65	552	Justin Aldrich	1:14:43.7	12:02 min/mi	Male	13	11 - 14				1:14:43.7
66	607	Emily Reichman	1:15:23.0	12:08 min/mi	Female	54	50 - 59				1:15:23.0
67	636	Matthew Kunkel	1:18:34.7	12:39 min/mi	Male	46	40 - 49		POWDER SPRINGS	GA	1:18:34.7
68	635	Kessler Kunkel	1:18:34.8	12:39 min/mi	Female	16	15 - 19		POWDER SPRINGS	GA	1:18:34.8
69	610	Jordan Ruff	1:24:30.7	13:37 min/mi	Female	28	20 - 29				1:24:30.7 
70	614	Linda Shealy	1:24:44.0	13:39 min/mi	Female	63	60 - 69				1:24:44.0 

Place	Bib	Name	Gun Time	Pace	Gender	Age	Age Group	Team	City	State	Chip Time
71	608	Kimberly Robinson	1:24:44.3	13:39 min/mi	Female	35	30 - 39				1:24:44.3
72	615	Trey Smith	1:28:27.0	14:15 min/mi	Male	42	40 - 49				1:28:27.0
73	577	John Golemo	1:33:09.1	15:00 min/mi	Male	60	60 - 69				1:33:09.1
74	623	Karin Vukovinsky	1:44:35.4	16:50 min/mi	Female	57	50 - 59				1:44:35.4
75	599	Katrina Munson	1:44:35.5	16:50 min/mi	Female	57	50 - 59				1:44:35.5





Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Run for the Son 10K Distance 10 km
Location (state) Georgia (city) Powder Springs
Type of course: road race ☒ calibration course ☐ track ☐
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Alex Garcia transnetracing@gmail.com
678-414-8529 P.O. Box 70952 Marietta, GA 30007
Race contact (name, address, phone & e-mail) Matt Petty tcato@burnthickory.com
770-590-0334 5145 Due West Road, Powder Springs, GA 301217
Date(s) when course measured: 1/27/2016 Number of measurements of entire course: 2
Course Configuration: Out, back w/loop
Elevation (meters above sea level) Start 305.7m Finish 304.5m Highest 336.5m Lowest 286.2m
Straight line distance between start & finish 119m Drop 0.12 m/km Separation 1.2 %
Type of surface: paved 100 % dirt % gravel % grass % track %
Effective date of certification: 2/4/2016 Certification code: GA16001WC

Notice to Race Director: Use this Certification Code
in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

2026

AS NATIONALLY CERTIFIED BY:

Date: 2/4/2016

Woody Cornwell – USATF/RRTC Certifier - Phone 803-405-1525
1532 Harrington St., Newberry, SC 29108 - E-mail: woody.cornwell@gmail.com