



ADVENTURE.

UNPLUG.

BELONG.

GROW.

Fall Retreat is one of the most anticipated weekends of the year at Radiate Students. Before schedules get busy and life settles into its routines, we head to the mountains for an unforgettable weekend filled with adventure, authentic friendships, meaningful worship, and intentional discipleship. Our desire is simple: that every student returns home more connected to Jesus, more connected to their church family, and excited for everything God has in store this school year.

THE DETAILS:

Date: September 5-7

Location: Ocoee Ridge Camp in Old Fort, TN

Base Cost: \$175, includes lodging, transportation, food

Activities: Wave pool, water slides, basketball, 9Square, Pickleball, Gaga Ball and more. Additional activity add-ons include Rafting, High Ropes Course, and Paintball.

Worship: Led by Burnt Hickory Worship

Speaker: Josh Stephenson

Saturday Late Night: Night of Illusion with Jared Hall

Sunday Late Night: Knight Night - Medieval Mayhem

THE SCHEDULE:

September 5 | 9 AM | Check-in

September 5 | 9:30 AM | Departure

September 7 | 12:30 PM | Return to BHBC

EMERGENCY CONTACTS:

Chip Paul, Student Pastor: 770-344-9427

Seth Bundy, High School Pastor: 615-975-9919

Brandan Bowers, Middle School Associate: 757-813-6546

WAIVERS & FORMS:

Click Here:

[<Radiate Medical Release Form>](#)

Click Here:

[<Ocoee Ridge Waiver Online>](#)

Rafting waivers will be emailed the week of the event.



WHAT TO BRING:

- ☐ Shampoo
- ☐ Deodorant
- ☐ Toothbrush & toothpaste
- ☐ Shower shoes
- ☐ Bath towel & wash cloth
- ☐ Bible, notebook, pen
- ☐ Water Bottle
- ☐ Clothing for three days
- ☐ Medieval Costume (optional) for “Knight Night”
- ☐ Closed-toe shoes, tennis shoes or shoes with straps like Chacos (You’ll be doing a lot of walking at Ocoee Ridge! Always wear shoes when leaving the bunk house! If you are rafting, closed-toe shoes or shoes that strap on are required. No Crocs for Rafting.)
- ☐ Sleeping bag and pillow (everyone will be in bunk rooms)
- ☐ Spending money for: (Meals are provided)
Radiate Cantina: We’ll have snacks & drinks available to purchase. Please bring change or small bills or CC.
Vending Machines: There are vending machines located on the property with snacks and drinks available to purchase.
Camp Store: The Ocoee Ridge Camp store has all kinds of fun merch available to purchase, if you choose.
- ☐ Sunscreen & Bug Spray
- ☐ Hat
- ☐ Beach/Pool Towel
- ☐ Swimsuit (see “what to wear”)
- ☐ Snacks
- ☐ Medications (if needed and MUST BE REFLECTED on your notarized medical release form)

What Not to Bring:

Game consoles, alcohol, drugs, firearms, weapons, lighters, etc., Spandex/Nike pro-style shorts, short jean cutoffs, bikinis, Speedo’s, crop, cut-out back or sleeveless tops, your Doordash/Uber Eats/meal delivery apps. **And NO glitter.**

FOOD INFO:

Ocoee Ridge Camp provides gluten-free alternatives to every meal, as well as a salad bar at lunch and dinner. If your student has severe food allergies, please contact Alaina at ajohnson@burnthickory.com for additional information or to discuss options.

MENU:

Saturday Lunch: TBD (Un crustables, chips, salad bar, etc. are available!)

Saturday Dinner: BBQ Pork, Baked Potato, Coleslaw, Baked Beans

Sunday Breakfast: Bacon, egg, biscuit, gravy, donut

Sunday Lunch: Turkey and Ham sandwiches, pasta salad, potato chips

Sunday Dinner: Beef Crispito, Corn, Chips and queso

Monday Breakfast: Sausage, omelets, and biscuits

WHAT TO WEAR:

All clothing must meet school dress code and be appropriate. We hope it’s not an issue. But if it is, a chaperone will ask you to change. If in doubt about whether something you’re bringing is appropriate, just don’t bring it, please. You are expected to abide by the following (**This includes theme night attire!**):

BOTTOMS: Please stay in that mid-thigh region for shorts and skirts. If in doubt, follow the “finger-tip” rule. Leggings are allowed if the shirt covers the front and back.

TOPS: Straps must be 3 fingers thick or wider, for guys and girls. No spaghetti straps, halter tops, crop tops, or back cutouts are allowed. If your mid-section or bra is showing, we will ask you to put on a different shirt.

SWIMSUITS: Girls, one pieces and tankinis are allowed if the stomach, back, and bottom is covered (No strapless, one shoulder, cutouts, or cheeky suits) Guys, your swim shorts need to be appropriate as well, and follow the shorts guidelines above.

PLEASE DON’T BRING: Spandex shorts/Nike pro-style shorts/biker shorts, bikinis, Speedo’s, crop tops, or super short jean cutoffs.

If in doubt about whether something you’re bringing is appropriate, don’t even bring it!

ABOUT PHONES:

Fall Retreat is a chance to unplug from everyday distractions and be fully present with friends, leaders, and God. Students may bring their phones if necessary, but **all phones will be turned in to leaders at lights out (11 PM) and kept at a central charging station overnight.** Phones will be returned each morning. ***Radiate Students is not responsible for lost, stolen, or damaged devices.***

Cell service at camp is limited, and students will be busy, so don’t worry if you don’t hear from them right away! Students participating in whitewater rafting should leave their phones at camp.

We’ll share photos, videos, and updates throughout the weekend on Facebook and Instagram, with plenty more photos after we return.

Our goal: less screen time, more time to Adventure. Unplug. Belong. Grow.



**RADIATE
STUDENTS**

FALL RETREAT INFO HUB